Cyclone Amphan battered West Bengal on the afternoon of May 20, 2020 affecting more than 13 million lives. The plight of millions who have lost their homes has been made worse in a situation when the coronavirus epidemic is raging across the region.

**SEEDS on the ground**

A few glimpses of the ongoing work:

**Hygiene kit:** A total of 375 hygiene kits, containing basic hygiene supplies have been distributed. SEEDS by way of this distribution has reached out to the most severely impacted families.

**Nutritional support kit:** The dual disaster of Amphan and Covid has rendered many people homeless and Jobless therefore leaving them unable to meet their basic family needs. Among these, SEEDS identified 300 families with pregnant and lactating women and distributed nutritional food items.

**Safe drinking water supply:** With power lines down in many areas and pumps out of operation, drinking water became an urgent and critical need. SEEDS made its contribution to ensure safe drinking water supply including treatment of available water, decontamination of local water sources, and water filtration systems where needed. In this exercise 11 villages have been provided with safe drinking water.

**Village hygiene:** Destructive cyclonic storm Amphan and heavy rain fall destroyed ecological balance in the impacted areas. Most of pond water got contaminated. Partner organisation’s volunteers in field therefore disinfected villages by spreading lime & bleach at different places such as road side, common & individual pond, market place, drinking water sources spots. A total of 15 villages have been disinfected.

**Shelter support:** Many people have been rendered homeless, hence requiring facilitation for interim accommodation. SEEDS has taken up and is engaged in restoration of 10 shelters.

**Mobile health camp:** Medical bus with equipment, medicines and specialised doctors is moving from village to village to monitor the status of people’s health, diagnose them and provide them with appropriate medicines. A total of 1601 people have been reached out to through this initiative across West Bengal.

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**Table:**

<table>
<thead>
<tr>
<th>RELIEF</th>
<th>Hygiene kit</th>
<th>Nutritional support kit</th>
<th>Safe drinking water supply</th>
<th>Village hygiene</th>
<th>Shelter support</th>
<th>Mobile health camp</th>
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</thead>
<tbody>
<tr>
<td>NUMBER OF PEOPLE REACHED OUT</td>
<td>375</td>
<td>300</td>
<td>10150</td>
<td>20000</td>
<td>50</td>
<td>1601</td>
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Source: Partner organisation and volunteers in field.

For more updates on SEEDS Cyclone Amphan response reach at https://www.seedsindia.org/cycloneamphan/
Immediate needs

SEEDS aims to reach out to 1 lakh affected people

- Safe drinking water supply
- Ration, hygiene and family utility
- Shelter support
- Medical health camps
- Village hygiene and cleaning kit

Stories from the ground

Name: Mamta Das
Age: 39
Village: Uttar Gopalnagar
District: South 24 Pargana, West Bengal
Medical issue: Anemia

Mamta Das has been struggling the vices of poverty while fending for a family with seven members. Her hardship became tougher when she began to feel weak and suffered from lack of energy. Her weakness and inability to work could have jeopardised the life of all. This is when she reached out to the SEEDS mobile health camp in anticipation of some medical help. On examination of her blood it was found that she suffered from Anemia with her hemoglobin levels as low as 7 g/dL, causing her extreme fatigue, dullness and swelling in her ankles. The doctors prescribed her with dietary supplements like folic acid and multi vitamins “I sincerely bless the initiative of this mobile health camp and the work of the doctors who could diagnose my problem. I am sure I will be up and about on my feet very soon. My health, when I am responsible for feeding seven members is extremely important. Thanks to the team”, said Mamta Das.

Name: Aarti Jana
Age: 75
Village: Amrabati
Block: Namkhana
District: South 24 Pargana, West Bengal
Medical issue: Injury in leg & Weakness

Aarti Jana suffered a serious injury in her leg after a bamboo fell on her in the storm. Due to lack of easily available health facility in the vicinity of her village she could not be given proper first-aid, hence the injury became worse and painful. Using hot water for pain relieving actually aggravated the wound. “I am so thankful to the medical camp. They are treating my leg injury with effective medicines. With no money and hardly any access to government free health facility, this medical camp is a life saver”, said Aarti Jana.
#Covid-19 Response

With the efficient support of local administration, and volunteers on ground, SEEDS team managed to complete the distribution of 6300 dry ration and 6000 hygiene kits in Maharashtra. The major communities catered to were daily wage workers, families led by women, elderly, widow/widower led families and people with disability.

A total of 6219 ration and 3500 hygiene kits have been distributed in Delhi-NCR covering 11 districts, reaching out to ghettos, slums and other areas with deprived communities.

SEEDS needs your kind support for reaching out to 1 million persons in underprivileged communities across India

For more update check www.seedsindia.org/covid19/
SEEDS stands strongly with those in need in these difficult times!

Shahjahan Parween, 21-year-old, resides in Harola village of Uttar Pradesh’s Noida. Shahjahan along with her husband Mumtaz relocated to Delhi-NCR from North 24 Parganas, West Bengal. In search of a decent living and source of income, the couple with two little children settled in Harola. After a rough hunt, Mumtaz finally fetched a job as a helper in a firm. However, his monthly salary has not been sufficient to help them sustain well. The situation moved from bad to worse when this meagre income also ceased due to lockdown as the company had to shut down. With no income flowing in, Mumtaz and Shahjahan have been struggling hard to address even bare necessities for survival such as one modest meal a day. In sheer desperation they have been running door to door to ask for help but ended up in vain. Left with no choice, Shahjahan then went on to call the SEEDS helpline and registered herself for the ration kit.

On receiving the kit, Shahjahan said, "Before Coronavirus, hunger will take a toll on our lives. But I am really thankful to all of you for providing us with the ration kit. It is such a great relief for my family. Thank you." With this, she signed off picking the ration and walked back home with a smile.

REACHING OUT AND MAKING A DIFFERENCE!

More than 2 lakh lives touched across 11 states of India

1. 4 million meals distributed in ration
2. Over 22,000 families received essential hygiene kits
3. 4,730 PPE kits for frontline health workers to keep them safe

SEEDS COVID-19 HELPLINE IS NOW AVAILABLE TO ADDRESS GENERAL PUBLIC QUERIES

+91-9821746747
9:00 AM - 7:00 PM
ALL 7 DAYS